



B.A. in Mental Health and Human Services

Designed in response to a national and state-wide need, JMVU's B.A. Program in Mental Health and Human Services prepares students for employment in a variety of community-based human services. Graduates of the Bachelor's degree program can pursue successful professional careers involving crisis stabilization, case management, psychosocial and vocational rehabilitation, job coaching, community support work, crisis shelter management, and other services in a variety of agencies and institutions.

The coursework for the Bachelor's degree in Mental Health and Human Services is blend of psychology, mental health, human services and liberal arts, while an internship provides students with the opportunity to work in a human service, mental health, or substance abuse rehabilitation agency.

Students completing the B.A. Program will gain valuable skills in handling crises, managing case loads, and representing others through advocacy. They will be able to conduct intake interviews, prepare and write reports, develop individual service plans (ISPs), administer job assistance programs, and provide coaching for life changes.

Program Objectives

As shown by the following objectives, the Mental Health and Human Services program is designed to be both academic and career-oriented in focus. While the students will learn the history and theoretical components of the field, they will also be engaged in applying their understanding through the development of skills used in human services and counseling in several mental health fields. An internship in a mental health/human services facility is a requirement for graduation.

1. Demonstrate the clinical skills of screening, assessment, treatment planning, termination, referral and education and promotion.
2. Explain the history, current state and nature of mental health and human services professions as well as the theoretical orientations that apply to clinical and counseling settings.
3. Explains the nature of behavior and recognizes mental and behavioral disorders
4. Integrate technology to the clinical and counseling settings
5. List psychological Assessment and use quantitative and empirical reasoning to analyze and draw conclusions
6. Demonstrate the skills needed to handle crises, manage caseloads, and represent others through advocacy.
7. Conduct intake interviews, prepare, and write reports, develop individual service plans (ISPs), administer job assistance programs, and provide coaching for life changes.
8. Practice of an ethical and lawful behavior
9. Pursue the Behavioral Health Technician Certificates or the Certified Addiction Professional, the Certified Addiction Counselor, and the Certified Addiction Specialist awarded by the Florida Certification Board

Minor or Area of Specialization



After completing the General Education requirements, students begin their professional education requirements. At that time, they have the option of selecting an area of specialization, or minor. Students pursuing a major in Mental Health and Human Services may choose one of three minor areas preapproved by the department:

- Addiction and Chemical Dependency Counseling
- Children and Family Services
- Mental Health Counseling

Earning a minor within the Mental Health and Human Services program does not require earning additional credits. A minor area of specialization requires that students earn 12 credits within the same approved areas of study. Students can obtain a Bachelor's degree in Mental Health and Human Services without taking a minor. Students who do not choose to concentrate in one of the three areas above can choose any combination of 5 elective courses from the areas below.

All students must choose a total of 5 elective courses, or 15 credits, from the list of electives. In order to receive a minor, students must take 12 credits in the *same* specialization area.

Approved Minors:

Minor in Addiction and
Chemical Behavior Services

SOP 393 - Psychology of
Drugs and Drug Abuse
PCO 311 - Theory and
Treatment of Addictive
Behavior

CLP 437 Psychotherapy
PCO 431 - Intervention in
Addictions

PCO 435 - Current Issues in
Alcoholism, Drug Abuse
and Addictive Behaviors

HUS 231 Strategies of
Behavior Modification

**Minor in Children and
Family Services**

**SOW 365 - Child Welfare:
Policy and Practice**
**CLP 413 - Childhood
Psychopathology**

CLP 437 Psychotherapy
**PCO 353 - Theory and
Techniques in Family
Therapy**

**PCO 475 - Current Issues
in Family Counseling**

**HUS 231 Strategies of
Behavior Modification**

Minor in Mental Health Services

MHS 340 - Foundations of Mental Health
**PCO 420 - Introduction to Individual and
Group Counseling**

CLP 437 Psychotherapy
SDS 438 - Trauma and Disaster Response

**CLP 418 - Current Issues in Mental
Health**

**HUS 231 Strategies of Behavior
Modification**

For students interested in pursuing a minor in Addiction and Chemical Dependency Counseling, the JMVU curriculum for the B.A. in Mental Health and Human Services is designed to allow students to fulfill the training requirements of the Certified Addiction Professional, the Certified Addiction Counselor, and the Certified Addiction Specialist. These Certificates are awarded by the Florida Certification Board. Written exams administered by the Florida Certification Board are required for each certificate level. In addition, each level requires a minimum number of hours of direct experience in the addiction field.



For students interested in pursuing a minor in Mental Health Counseling, the JMVU curriculum for the B.A. in Mental Health and Human Services is designed to allow students to fulfill the training requirements of the Behavioral Health Technician Certificates awarded by the Florida Certification Board. Written exams administered by the Florida Certification Board are required for certification. In addition, 1,000 hours of direct experience in the behavioral health field are required.

Students who are interested in pursuing certification through the Florida Certification Board should consult their website at www.flcertificationboard.org.

Program Delivery

Students enrolled in the B.A. in Mental Health and Human Services will be able to take the program on campus or hybrid online (Definitions: **Hybrid Online** means the student can complete up to 99% of the program online and at least 1% on campus. **100% online** the student will never attend classes on campus, but solely online. **On campus** delivery means the student will never take an online class, but all classes will be in person).

DISTANCE LEARNING EDUCATION INFORMATION

Technological requirements for Distance Education Students:

Students must have ready access to all standards outlined. Additionally, some courses require the ability to download and install software. It is recommended that students need to have basic technological proficiency. Assignments may include, but are not limited to, word processing, document creation, digital slide presentations, and recording video presentation. Students that don't have the basic technological proficiency can benefit from the university's optional offered trainings in the mentioned areas.

Devices

- A Desktop or laptop device is necessary to complete the coursework.
- Desktop or laptop device must have Windows 8/10 or MacOS 10.10 or above and the capability of producing sound via speakers or headphones.
- Mobile devices may be used for some, but not all, LMS functions. A mobile device cannot replace a desktop/laptop.

Connectivity

- High-speed Internet connection: Cable, DSL, etc.
- Internet Web Browser (Firefox, Internet Edge, Safari, or Google Chrome).
- Personal or university e-mail account.

Recommended creation/processing software

- Word Processor (MS Word, Google Docs, etc.).
- PDF Reader (Adobe Acrobat Reader or Apple Preview).
- Additional software may be required for certain courses.

Students privacy:

Student privacy is very important to the university. Students the university FERPA statement located university website under the consumer disclosures tab in the financial aid section.



Students may also review the student records section of the university catalog pages 79-80 for more information on privacy.

Verification of Identity Protection:

During the admissions process students will be asked to provide a copy of their state or government issue ID. After students begin their program they will be required to upload a face picture to their Vargas Portal profile. Student identities will be verified and their privacy protected through the use of a student a unique username and password during the Admissions process. The Admissions and Financial Aid Offices will verify incoming student documentation. Student privacy will be protected through the https secure connection of the Vargas Portal. Students will login online and agree through a student agreement that they are the sole users of the course materials. Students will be ask to submit their assignments on the Vargas Portal.

Additional Distance Education Fees:

There are no platform access fees, online library access fees, fees associated with identity verification and the course textbooks maybe purchased by the students on amazon.com and other online retail stores. If students desire the university to purchase the course textbooks for the student, the university will charge the cost of the book plus \$30 to the student account. Through the Vargas Portal students will be able to pay the charges, if they desire the university to buy the books for them.

Graduation Requirements

The B.A. degree in Mental Health and Human Services requires a minimum of 120 credit hours to graduate, distributed as follows:

I. General Education Requirements (Lower Level Courses) (Semesters I – IV)

- SLS 1601 Orientation & Study and Research Techniques 3 credits

Area of Communications:

(requirement of all 4 courses for 12 CR)

- ENC 1000 Oral & Written Communications 3 Credits
- ENC 1101 Composition I 3 Credits
- ENC 1102 Composition II 3 Credits
- SPC 1053 Oral Expression 3 Credits

Area of Mathematics:

(requirement of 2 courses for 6 CR)

- MAC 1105 College Mathematics I -Algebra and Geometry 3 Credits



- MAC 1114 College Mathematics II - Geometry and Trigonometry 3 Credits

Area of Social Sciences:

(requirement of any 2 courses for 6 CR)

- WOH 1001 World History 3 Credits
- ECO 2000 Economics 3 Credits
- SYD 3021 U.S. Populations 3 Credits
- PCB 304 People and the Environment 3 Credits
- GEA 223 Geography of America and Eurasia 3 Credits

Area of the Natural Sciences:

(requirement of any 2 courses for 6 CR)

- BSC 1005 Biology 3 Credits
- BSC 1085 General Anatomy and Physiology 3 Credits
- CHM 1025 General Chemistry 3 Credits
- PHY 248 General Physics 3 Credits
- MCB 2240 Etiology of Diseases 3 Credits

Area of Humanities and Art:

(requirement of 2 courses for 6 CR)

- ARH 2000 Art Appreciation 3 Credits
- ARH 2010 Art History 3 Credits

Area of Behavioral Sciences:

(requirement of 1 courses for 3 CR)

- SYG 2001 General Sociology 3 Credits

Area of Philosophy:

(requirement of all 3 courses for 9 CR)

- PHI 2030 Contemporary Philosophical Issues 3 Credits



- PHI 2103 Critical Thinking 3 Credits
- PHI 2600 Ethics 3 Credits

II. Professional Education Requirements (Upper Level Courses)

Semester V: (requirement of 18 CR) Required:

- PSY 2012 General Psychology 3 Credits
- CLP 305 Foundations of Clinical and Counseling Psychology 3 Credits
- DEP 200 Human Developmental Psychology- A Life Span Approach 3 Credits
- PSB 200 Biological Basis of Human Behavior 3 Credits
- STA 201 Introduction to Statistics for Health and Social Sciences 3 Credits
- Elective (choice of 1) 3 Credits

Semester VI: (requirement of 15 CR) Required:

- PSY 260 History and Foundations of Psychology 3 Credits
- PPE 300 Theories of Personality 3 Credits
- PSY 321 Research Methods and Statistics in Psychology 3 Credits
- HUS 320 Introduction to Crisis Intervention 3 Credits
- Elective (choice of 2) 6 Credits

Semester VII: (requirement of 18 CR) Required:

- CLP 314 Abnormal Psychology 3 Credits
- MHS 470 Legal and Ethical Issues in Counseling 3 Credits
- EXP 340 Memory and Learning 3 Credits
- PSY 430 Introduction to Psychological Assessment 3 Credits
- SOP 374 Psychology of Women 3 Credits
- Elective (choice of 2) 3 Credits



Semester VIII: (requirement of 18 CR) Required:

- HUS 141 Case Management in Human Services 3 Credits
- HUS 100 Principles of Human Services and Helping Skills 3 Credits
- SYG 223 Stereotyping, Prejudice, Stigma and Marginality in Counseling 3 Credits
- HUS 482 Human Services Practicum 6 Credits
- Elective (choice of 2) 6 Credits
- Successful completion of the university career services requirements.

Electives (choice of 6 courses for 18 credits)

- CLP 413 Childhood Psychopathology 3 Credits
- CLP 418 Current Issues in Mental Health 3 Credits
- CLP 437 Psychotherapy 3 Credits
- HUS 231 Strategies of Behavior Modification 3 Credits
- MHS 340 Foundations of Mental Health 3 Credits
- PCO 311 Theory and Treatment of Addictive Behavior 3 Credits
- PCO 353 Theory and Techniques in Family Therapy 3 Credits
- PCO 420 Introduction to Individual and Group Counseling 3 Credits
- PCO 431 Intervention in Addictions 3 Credits
- PCO 435 Current Issues in Alcoholism, Drug Abuse and Addictive Behaviors 3 Credits
- PCO 475 Current Issues in Family Counseling 3 Credits
- SOW 365 Child Welfare: Policy and Practice 3 Credits
- SOP 393 Psychology of Drugs and Drug Abuse 3 Credits
- SDS 438 Trauma and Disaster Response 3 Credits



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