



A.S. in Mental Health and Human Services

Designed in response to a national and state-wide need, JMVU's A.S. Program in Mental Health and Human Services program prepares students for employment in a variety of community-based human services. Graduates of the Associate degree program can pursue successful careers as technicians and support personnel in crisis stabilization, case management, psychosocial and vocational rehabilitation, job coaching, community support work, crisis shelter management, and other services in a variety of agencies and institutions.

The A.S. degree in Mental Health and Human Services at JMVU prepares students to become a ***Social and Human Service Assistant*** (occupation code 21-1093) who assists other professionals in providing services to clients. These services include providing direct client services, or connecting clients to needed benefits or community services (Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2012-13 Edition*).

The A.S. Program in Mental Health and Human Services is a challenging and specialized associate degree program that is designed to educate students to become a social and human service assistant under the supervision of other professionals in a wide variety of community settings. The coursework for the Associate's degree in Mental Health and Human Services has a focus on applied psychology and mental health, while an internship provides students with the opportunity to work in a human service, mental health, or substance abuse rehabilitation agency.

Students completing the A.S. Program will gain valuable skills in group dynamics, activity therapy, interpersonal communication, and case management. They will be taught to maintain records and prepare reports while respecting the confidential nature of the information.

Program Objectives

1. Demonstrate the clinical skills of screening, assessment, treatment planning, termination, and referral.
2. Explain the history, current state and nature of mental health and human services professions as well as the theoretical orientations that apply to clinical and counseling settings.
3. Explains the nature of behavior and recognizes mental and behavioral disorders
4. Integrate technology to the clinical and counseling settings
5. List psychological assessment and use quantitative and empirical reasoning to analyze and draw conclusions.
6. Uses the helping skills and case management skills essential in clinical s and counseling setting.
7. Practice ethical behavior
8. Pursue the Behavioral Health Technician Certificate awarded by the Florida Certification Board

Program Delivery

Students enrolled in the A.S in Mental Health and Human Services will be able to take the program on campus or hybrid online (Definitions: **Hybrid Online** means the student can



complete up to 99% of the program online and at least 1% on campus. **100% online** the student will never attend classes on campus, but solely online. **On campus** delivery means the student will never take an online class, but all classes will be in person).

DISTANCE LEARNING EDUCATION INFORMATION

Technological requirements for Distance Education Students:

Students must have ready access to all standards outlined. Additionally, some courses require the ability to download and install software. It is recommended that students need to have basic technological proficiency. Assignments may include, but are not limited to, word processing, document creation, digital slide presentations, and recording video presentation. Students that don't have the basic technological proficiency can benefit from the university's optional offered trainings in the mentioned areas.

Devices

- A Desktop or laptop device is necessary to complete the coursework.
- Desktop or laptop device must have Windows 8/10 or MacOS 10.10 or above and the capability of producing sound via speakers or headphones.
- Mobile devices may be used for some, but not all, LMS functions. A mobile device cannot replace a desktop/laptop.

Connectivity

- High-speed Internet connection: Cable, DSL, etc.
- Internet Web Browser (Firefox, Internet Edge, Safari, or Google Chrome).
- Personal or university e-mail account.

Recommended creation/processing software

- Word Processor (MS Word, Google Docs, etc.).
- PDF Reader (Adobe Acrobat Reader or Apple Preview).
- Additional software may be required for certain courses.

Students privacy:

Student privacy is very important to the university. Students the university FERPA statement located university website under the consumer disclosures tab in the financial aid section. Students may also review the student records section of the university catalog pages 79-80 for more information on privacy.

Verification of Identity Protection:

During the admissions process students will be asked to provide a copy of their state or government issue ID. After students begin their program they will be required to upload a face picture to their Vargas Portal profile. Student identities will be verified and their privacy protected through the use of a student a unique username and password during the Admissions process. The Admissions and Financial Aid Offices will verify incoming student documentation. Student privacy will be protected through the https secure connection of the Vargas Portal. Students will login online and agree through a student agreement that they are the sole users of the course materials. Students will be ask to submit their assignments on the Vargas Portal.

Additional Distance Education Fees:



There are no platform access fees, online library access fees, fees associated with identity verification and the course textbooks maybe purchased by the students on amazon.com and other online retail stores. If students desire the university to purchase the course textbooks for the student, the university will charge the cost of the book plus \$30 to the student account. Through the Vargas Portal students will be able to pay the charges, if they desire the university to buy the books for them.

Graduation Requirements

A total of 60 credit hours must be completed by taking the following courses. Courses which meet the General Education requirements (18 credit hours) are labeled “**GE**”.

- SLS 1601 Orientation & Study and Research Techniques **GE** 3 credits

SEMESTER I (requirement of 15 credits)

- ENC 1000 Oral & Written Communications **GE** 3 Credits
- MAC 1105 College Mathematics I - Algebra & Geometry **GE** 3 Credits
- PSY 2012 General Psychology 3 Credits
- PHI 2600 Ethics or another philosophy course **GE** 3 Credits
- CGS 210 Office Applications 3 Credits

SEMESTER II (requirement of 15 credits)

- ENC 1101 Composition I **GE** 3 Credits
- STA 201 Introduction to Statistics for Health and Social Sciences 3 Credits
- PSB 200 Biological Basis of Human Behavior
3 Credits
- PPE 300 Theories of Personality 3 Credits
- PSY 260 History and Foundations of Psychology 3 Credits

SEMESTER III (requirement of 12 credits)

- BSC 1085 General Anatomy and Physiology **GE** 3 Credits
- CLP 305 Foundations of Clinical and Counseling 3 Credits



- CLP 314 Abnormal Psychology 3 Credits
- DEP 200 Human Developmental Psychology- A Life Span 3 Credits

Semester VI: (requirement of 15 CR)

- HUS 100 Principles of Human Services and Helping Skills 3 Credits
- SYG 223 Stereotyping, Prejudice, Stigma and Marginality 3 Credits
- HUS 141 Case Management in Human Services 3 Credits
- HUS 182 Human Services Practicum I 3 Credits
- HUS 211 Interpersonal Skills in Human Services 3 Credits
- Successful completion of the university career services requirements.