

B.A. in Mental Health and Human Services

Designed in response to a national and state-wide need, JMVU's B.A. Program in Mental Health and Human Services prepares students for employment in a variety of community-based human services. Graduates of the Bachelor's degree program can pursue successful professional careers involving crisis stabilization, case management, psychosocial and vocational rehabilitation, job coaching, community support work, crisis shelter management, and other services in a variety of agencies and institutions.

The coursework for the Bachelor's degree in Mental Health and Human Services is blend of psychology, mental health, human services and liberal arts, while an internship provides students with the opportunity to work in a human service, mental health, or substance abuse rehabilitation agency.

Students completing the B.A. Program will gain valuable skills in handling crises, managing case loads, and representing others through advocacy. They will be able to conduct intake interviews, prepare and write reports, develop individual service plans (ISPs), administer job assistance programs, and provide coaching for life changes.

Program Objectives

As shown by the following objectives, the Mental Health and Human Services program is designed to be both academic and career-oriented in focus. While the students will learn the history and theoretical components of the field, they will also be engaged in applying their understanding through the development of skills used in human services and counseling in several mental health fields. An internship in a mental health/human services facility is a requirement for graduation.

1. Demonstrate the clinical skills of screening, assessment, treatment planning, termination, referral and education and promotion.
2. Explain the history, current state and nature of mental health and human services professions as well as the theoretical orientations that apply to clinical and counseling settings.
3. Explains the nature of behavior and recognizes mental and behavioral disorders
4. Integrate technology to the clinical and counseling settings
5. List psychological Assessment and use quantitative and empirical reasoning to analyze and draw conclusions
6. Demonstrate the skills needed to handle crises, manage caseloads, and represent others through advocacy.
7. Conduct intake interviews, prepare, and write reports, develop individual service plans (ISPs), administer job assistance programs, and provide coaching for life changes.
8. Practice of an ethical and lawful behavior
9. Pursue the Behavioral Health Technician Certificates or the Certified Addiction Professional, the Certified Addiction Counselor, and the Certified Addiction Specialist awarded by the Florida Certification Board

This program is offered exclusively in English or in Spanish.



Minor or Area of Specialization

After completing the General Education requirements, students begin their professional education requirements. At that time, they have the option of selecting an area of specialization, or minor. Students pursuing a major in Mental Health and Human Services may choose one of three minor areas preapproved by the department:

- Addiction and Chemical Dependency Counseling
- Children and Family Services
- Mental Health Counseling

Earning a minor within the Mental Health and Human Services program does not require earning additional credits. A minor area of specialization requires that students earn 12 credits within the same approved areas of study. Students can obtain a Bachelor's degree in Mental Health and Human Services without taking a minor. Students who do not choose to concentrate in one of the three areas above can choose any combination of 5 elective courses from the areas below.

All students must choose a total of 5 elective courses, or 15 credits, from the list of electives. In order to receive a minor, students must take 12 credits in the *same* specialization area.

Approved Minors:

Minor in Addiction and Chemical Behavior Services

SOP 393 - Psychology of Drugs and Drug Abuse
PCO 311 - Theory and Treatment of Addictive Behavior
CLP 437 Psychotherapy
PCO 431 - Intervention in Addictions
PCO 435 - Current Issues in Alcoholism, Drug Abuse and Addictive Behaviors

Minor in Children and Family Services

SOW 365 - Child Welfare: Policy and Practice
CLP 413 - Childhood Psychopathology
CLP 437 Psychotherapy
PCO 353 - Theory and Techniques in Family Therapy
PCO 475 - Current Issues in Family Counseling

Minor in Mental Health Services

MHS 340 - Foundations of Mental Health
PCO 420 - Introduction to Individual and Group Counseling
CLP 437 Psychotherapy
SDS 438 - Trauma and Disaster Response
CLP 418 - Current Issues in Mental Health

For students interested in pursuing a minor in Addiction and Chemical Dependency Counseling, the JMVU curriculum for the B.A. in Mental Health and Human Services is designed to allow students to fulfill the training requirements of the Certified Addiction Professional, the Certified Addiction Counselor, and the Certified Addiction Specialist. These Certificates are awarded



by the Florida Certification Board. Written exams administered by the Florida Certification Board are required for each certificate level. In addition, each level requires a minimum number of hours of direct experience in the addiction field.

For students interested in pursuing a minor in Mental Health Counseling, the JMVU curriculum for the B.A. in Mental Health and Human Services is designed to allow students to fulfill the training requirements of the Behavioral Health Technician Certificates awarded by the Florida Certification Board. Written exams administered by the Florida Certification Board are required certification. In addition, 1,000 hours of direct experience in the behavioral health field are required.

Students who are interested in pursuing certification through the Florida Certification Board should consult their website at www.flcertificationboard.org.

Program Delivery

Students enrolled in the B.A. in Mental Health and Human Services will complete at least 51% and up to 99% of the coursework online. At least 1% of the course will be offered on campus.

DISTANCE LEARNING EDUCATION INFORMATION

Technological requirements for Distance Education Students:

Students must have ready access to all standards outlined. Additionally, some courses require the ability to download and install software.

It is recommended that students need to have basic technological proficiency. Assignments may include, but are not limited to, word processing, document creation, digital slide presentations, and recording video presentation. Students that don't have the basic technological proficiency can benefit from the university's optional offered trainings in the mentioned areas.

Devices

- A Desktop or laptop device is necessary to complete the coursework.
- Desktop or laptop device must have Windows 8/10 or MacOS 10.10 or above and the capability of producing sound via speakers or headphones.
- Mobile devices may be used for some, but not all, LMS functions. A mobile device cannot replace a desktop/laptop.

Connectivity

- High-speed Internet connection: Cable, DSL, etc.
- Internet Web Browser (Firefox, Internet Edge, Safari, or Google Chrome).
- Personal or university e-mail account.

Recommended creation/processing software

- Word Processor (MS Word, Google Docs, etc.).
- PDF Reader (Adobe Acrobat Reader or Apple Preview).
- Additional software may be required for certain courses.



Students privacy:

Student privacy is very important to the university. Students the university FERPA statement located university website under the consumer disclosures tab in the financial aid section. Students may also review the student records section of the university catalog pages 79-80 for more information on privacy.

Verification of Identity Protection:

During the admissions process students will be asked to provide a copy of their state or government issue ID. After students begin their program they will be required to upload a face picture to their Vargas Portal profile. Student identities will be verified and their privacy protected through the use of a student a unique username and password during the Admissions process. The Admissions and Financial Aid Offices will verify incoming student documentation. Student privacy will be protected through the https secure connection of the Vargas Portal. Students will login online and agree through a student agreement that they are the sole users of the course materials. Students will be ask to submit their assignments on the Vargas Portal.

Additional Distance Education Fees:

There are no platform access fees, online library access fees, fees associated with identity verification and the course textbooks may be purchased by the students on amazon.com and other online retail stores. If students desire the university to purchase the course textbooks for the student, the university will charge the cost of the book plus \$30 to the student account. Through the Vargas Portal students will be able to pay the charges, if they desire the university to buy the books for them.

Graduation Requirements

The B.A. degree in Mental Health and Human Services requires a minimum of 120 credit hours to graduate, distributed as follows:

I. General Education Requirements (Lower Level Courses) (Semesters I – IV)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
SLS 1601	Orientation & Study and Research Techniques	ONLINE	General Education	3.00	3	0

Area of Communications: (requirement of all 4 courses for 12 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
ENC 1000	Oral & Written Communication	ONLINE	General Education	3.00	3	0
ENC 1101	Composition I	ONLINE	General Education	3.00	3	0
ENC 1102	Composition II	ONLINE	General Education	3.00	3	0
SPC 1053	Oral Expression	ONLINE	General Education	3.00	3	0

Area of Mathematics: (requirement of 2 courses for 6 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
MAC 1105	College Mathematics I - Algebra & Geometry	ONLINE	General Education	3.00	3	0
MAC 1114	College Mathematics II - Geometry & Trigonometry	ONLINE	General Education	3.00	3	0

Area of Social Sciences: (requirement of any 1 course for 3 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
WOH 1001	World History	ONLINE	Elective	3.00	3	0
ECO 2000	Economics	ONLINE	Elective	3.00	3	0

SYD 3021	U.S. Populations	ONLINE	Elective	3.00	3	0
PCB 304	People and the Environment	ONLINE	Elective	3.00	3	0
GEA 223	Geography of America and Eurasia	ONLINE	Elective	3.00	3	0

Area of the Natural Sciences: (requirement of any 2 courses for 6 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
BSC 1005	Biology	ONLINE	Elective	3.00	3	0
BSC 1085	General Anatomy and Physiology	ONLINE	Elective	3.00	3	0
CHM 1025	General Chemistry	ONLINE	Elective	3.00	3	0
PHY 248	General Physics	ONLINE	Elective	3.00	3	0
MCB 2240	Etiology of Diseases	ONLINE	Elective	3.00	3	0

Area of Humanities and Art: (requirement of 2 courses for 6 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
ARH 2000	Art Appreciation	ONLINE	General Education	3.00	3	0
ARH 2010	Art History	ONLINE	General Education	3.00	3	0

Area of Behavioral Sciences: (requirement of 1 courses for 3 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
SYG 2000	General Sociology	ONLINE	General Education	3.00	3	0

Area of Philosophy: (requirement of all 3 courses for 9 CR)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
PHI 2030	Contemporary Philosophical Issues	ONLINE	General Education	3.00	3	0
PHI 2103	Critical Thinking	ONLINE	General Education	3.00	3	0
PHI 2600	Ethics	ONLINE	General Education	3.00	3	0

II. Professional Education Requirements (Upper Level Courses)

Semester V: (requirement of 15 CR) Required:

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
PSY 2012	General Psychology	ONLINE	General Education	3.00	3	0
CLP 305	Foundations of Clinical and Counseling Psychology	ONLINE	Core/Required	3.00	3	0
DEP 200	Human Developmental Psychology - A life Span Approach	ONLINE	Core/Required	3.00	3	0
PSB 200	Biological Basis of Human Behavior	ONLINE	Core/Required	3.00	3	0

STA 201	Introduction to Statistics for Health and Social Sciences	ONLINE	Core/Required	3.00	3	0
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Semester VI: (requirement of 12 CR) Required:

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
PSY 260	History and Foundations of Psychology	ONLINE	Core/Required	3.00	3	0
PPE 300	Theories of Personality	ONLINE	Core/Required	3.00	3	0
PSY 321	Research Methods and Statistics in Psychology	ONLINE	Core/Required	3.00	3	0
HUS 320	Introduction to Crisis Intervention	ONLINE	Core/Required	3.00	3	0

Semester VII: (requirement of 15 CR) Required:

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
CLP 314	Abnormal Psychology	ONLINE	Core/Required	3.00	3	0
MHS 470	Legal and Ethical Issues in Counseling	ONLINE	Core/Required	3.00	3	0
EXP 340	Memory and Learning	ONLINE	Core/Required	3.00	3	0

PSY 430	Introduction to Psychological Assessment	ONLINE	Core/Required	3.00	3	0
SOP 374	Psychology of Women	ONLINE	Core/Required	3.00	3	0

Semester VIII: (requirement of 15 CR) Required:

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
HUS 141	Case Management in Human Services	ONLINE	Core/Required	3.00	3	0
HUS 100	Principles of Human Services and Helping Skills	ONLINE	Core/Required	3.00	3	0
SYG 223	Stereotyping, Prejudice, Stigma, and Marginality in Counseling	ONLINE	Core/Required	3.00	3	0
HUS 482	Human Services Practicum	RESIDENTIAL	Core/Required	6.00	0	6

Electives (choice of 5 courses for 15 credits)

COURSE NUMBER	COURSE TITLE	DELIVERY MODE	COURSE TYPE	TOTAL COURSE CREDIT/CLOCK HOURS	ONLINE CREDIT HOURS	IN PERSON COMPONENT
CLP 413	Childhood Psychopathology	ONLINE	Elective	3.00	3	0
CLP 418	Current Issues in Mental Health	ONLINE	Elective	3.00	3	0
CLP 437	Psychotherapy	ONLINE	Elective	3.00	3	0
HUS 231	Strategies of Behavior Modification	ONLINE	Elective	3.00	3	0
MHS 340	Foundations of Mental Health	ONLINE	Elective	3.00	3	0

PCO 311	Theory and Treatment of Addictive Behavior	ONLINE	Elective	3.00	3	0
PCO 353	Theory and Techniques in Family Therapy	ONLINE	Elective	3.00	3	0
PCO 420	Introduction to Individual and Group Counseling	ONLINE	Elective	3.00	3	0
PCO 431	Intervention in Addictions	ONLINE	Elective	3.00	3	0
PCO 435	Current Issues in Alcoholism, Drug Abuse and Addictive Behaviors	ONLINE	Elective	3.00	3	0
PCO 475	Current Issues in Family Counseling	ONLINE	Elective	3.00	3	0
SOW 365	Child Welfare: Policy and Practice	ONLINE	Elective	3.00	3	0
SOP 393	Psychology of Drugs and Drug Abuse	ONLINE	Elective	3.00	3	0
SDS 438	Trauma and Disaster Response	ONLINE	Elective	3.00	3	0
TOTAL				120.00	114	6
				Total Distance Education 95%		

Successful completion of the university career services requirements.